

*In 1980, Rumi and Khorshed Bhavnagri lost their sons Vispi and Ratoos in a car accident. Within a month and through a chain of people, they received a message that their sons wanted to communicate with them and they spoke to the boys through a medium, and were assured of their well-being. They had reached the Spirit World immediately and had been welcomed by their beloved grandfather, Popsie. The boys asked their parents to develop powers of concentration, so they could communicate safely and privately together through the method of automatic writing. In this way Vispi and Ratoos were able to advise and guide their parents constantly and convey to them their mission on Earth - to comfort and help people in need, to spread spiritual knowledge and how to stay on the Godly Good Path always. The book - *The Laws of the Spirit World* - was communicated by Vispi and Ratoos through the technique of telepathy to their mother and simultaneously reduced into writing by her. Topics from the book and other messages are contained in the VRRP Spiritual Learning Newsletters. In 2007 Khorshed Bhavnagri joined her family in the Spirit World, but her work is being continued by the VRRP Group. The Bhavnagri's story in detail is in the book – *The Laws of the Spirit World*.*

Our Life Chart – A well planned process

Rebirth is a GIFT. It is a choice we make that allows us to come back to Earth to progress spiritually by paying off karma, going through our tests and training wisely, shedding our flaws and adding good qualities. We also choose to fulfill a life purpose which is our mission. Taking rebirth is a well-planned process that is mapped out by a life chart or blueprint to help us improve ourselves spiritually at a much quicker pace than is possible in the spirit world.

Who plans all this?

We do.

We choose what we want to do on Earth, how we want to use our talents and gifts and fulfill our life's purpose, how much karma we want to pay off, and what lessons we want to learn.

When do we plan it?

Prior to rebirth, in the Spirit World itself, we draft a life chart or a **blueprint** of what our lives on Earth would be like.

Do we do it alone?

No, we get a lot of help and guidance from 3 wise souls. The 3 wise souls are souls who are on a high realm and have gained a lot of wisdom.

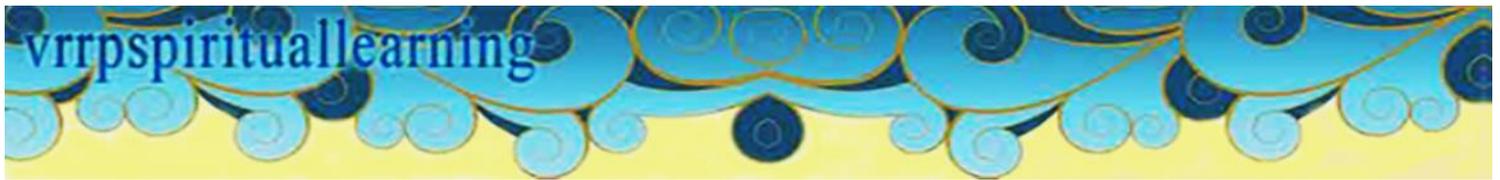
Let us understand this process through the journey of a soul called Ravi.

Ravi came from a very simple and caring family, who put all their efforts into educating Ravi, their only son, to become a doctor so that he could, in turn, help his village and their people. But Ravi had other plans. He left his parents and his village to pursue money and fame. He set up his medical practice in a large city and began catering only to the rich and famous. He started to misuse his gift and eventually made errors in his diagnosis and as a result lost many of his patients.

Then suddenly at the age of 38, he died of a heart attack.

When Ravi returned to the Spirit World, he saw his life's review and was shocked. He saw that he had begun to view his patients as a means of making money. When his family and old friends had come to him for help he had turned them away.





Though he had done well in earthly ways (materialism), he had fallen in his spiritual journey as he had become proud, misused his gift (healing), become selfish, materialistic and failed his mission i.e. to help and heal his villagers. Though Ravi was a good soul and had taken rebirth to improve spiritually, he was influenced and tempted by worldly temptations. Hence without his conscious knowledge, he, that is his subconscious mind, requested God to take him back to the Spirit World early so that he would not go any lower.

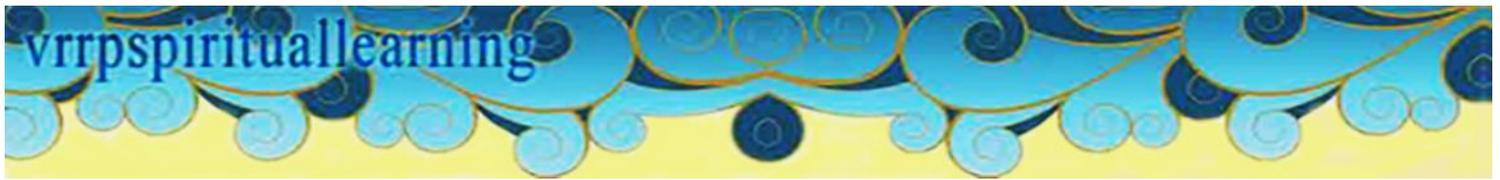
Ravi now **genuinely regretted** that he had wasted his past life and had gone off course from his life chart or blueprint. **He vowed never to do that again.**

As he was very eager to undo his past mistakes and to improve spiritually he decided that he had to go back to Earth. So, after some time, Ravi approached the Ruler of his Realm to take rebirth. Ravi sat with 3 wise souls to talk about his life plans and the rebirth opportunity. The 3 wise souls advised him not to be impatient to take rebirth as he may take on more than he could handle and once again he would fail, but Ravi was adamant that he wanted to go ahead.

In the end after careful consideration and discussions with the 3 wise souls the following was decided:

1. Ravi would choose his mother who was a kind and compassionate soul - but he would lose her at an early age. Her death would help him pay off karma and her illness would inspire him towards his mission of healing others selflessly through medicine.
2. He would be born in a poor family where he would pay off karma, and learn that money wasn't everything and that a happy family life and doing your duties was more important. He would be one of 5 children and hence would have the opportunity to learn responsibility and how to be selfless.
3. He would choose how much karma he wanted to repay. He would not have many friends during his childhood as he had shunned his friends in his last lifetime. He would realize what it means to feel deserted and alone, thus experience what he made his parents and villagers feel in his past life.
4. Ravi chose his tests which were not to run after money or abandon his loved ones. He also chose his training, which were his tough childhood and his mother's death. His mission was to be a doctor and heal others selflessly, with special focus on the rare type of cancer his mother had.
5. Ravi was to work very hard on increasing his positive soul characteristics such as compassion, humility and patience. He wanted to overcome his old pattern of thinking that people and God abandoned him. He had to learn to rely on and love himself which would happen if he did his mission.
6. The 3 wise souls also advised Ravi to work on training his subconscious mind in the Spirit World. When we are on Earth, our blueprint is erased from our conscious memory but our subconscious mind remembers everything. The subconscious mind is the spark of God in us that helps and guides us during our Earthly journey. The only way to access our blueprint and to understand the situations and experiences that we encounter is through our subconscious mind. *This is the biggest test of rebirth.*
7. He also chose how he wanted to utilise his blessings. Our good karmas come back to us as blessings. His mother was one such blessing. His friend Gopal (you will meet him later) was another.





Note: Though we all choose our life chart prior to rebirth, it is a “chart of choices”, they are guidelines. **It does not predetermine our every move as there is no ‘destiny’.** It loosely charts out our course. It is us, who, through *our own actions*, weave our life story through our choices and using our freewill. We fill in the blanks.

So now Ravi takes rebirth on Earth.

During his early years, his mother, his role model, inspires him to be compassionate and caring. Ravi rediscovers his softer and gentler side thanks to her influence. He is also the youngest of 5 children. Though, sharing never came to him naturally, he learnt to share and take on responsibility.

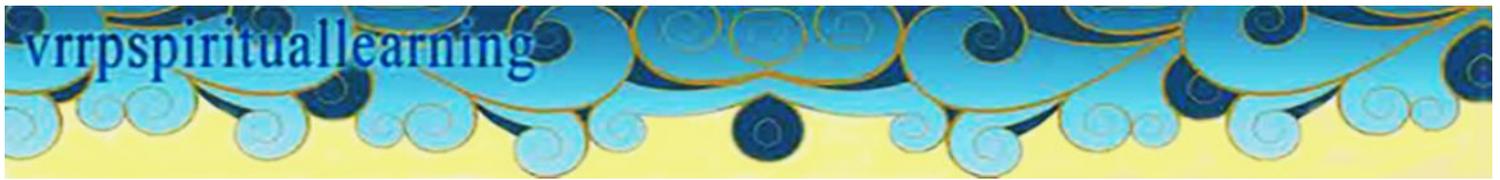
Then one day, without warning, his mother is diagnosed with a rare form of cancer. The doctors do not know the course of treatment and falter a lot. She dies shortly. Ravi is destroyed and spirals into negativity and blames God. He believes God has deserted him and he is alone again. He blames the doctors and cannot bear to live with his family as they remind him of his mother, and decides to leave home at the age of 16. We often feel that life does not go according to our plan. We often feel that we have not done anything to deserve the pain we are undergoing. Ravi’s mother’s death was a planned opportunity; it was her due date (as was planned when he was in the Spirit World). This was meant to take Ravi towards his mission of becoming a doctor. However, he chose to run away from his responsibilities and decided to leave home. From the age of 16 to 23 Ravi was alone, negative and angry. He did not contact his family. He had once again repeated his old pattern – something he swore he would not do when he was in the Spirit World. He failed his test.

When Ravi was in the Spirit World, based on the advice of the 3 wise souls, he had chosen for Gopal, a group soul who had reincarnated with Ravi many times before, to come and rescue him in times when he was moving away from the Godly Good Path. His life presently was moving away from his blueprint and as decided Ravi meets Gopal. Gopal is a kind, elderly man in his 50s and they hit it off instantly. Gopal helped Ravi to deal with the loss of his mother and reunite him with his family. During that time, Ravi also realizes that instead of grieving for his mother’s death, he should learn to treat and help others who are unwell – so he finds his mission. Remember, like Ravi, all good souls get help in times of need; however, it is up to each soul whether to accept or reject the help offered.

Ravi decides to study medicine. He joins a leading university to pursue his medical studies. Although he had achieved good grades and was confident that he would get admission to a medical program of his choice, he just missed the list. He was surprised to know that one of the other students who had grades lower than him was admitted to the program because his family was able to provide a substantial donation to the University for a Research Program. Ravi was disappointed but did not give up. Gopal explains to him that life is not always easy but those situations are opportunities to learn and are true blessings that help you rise spiritually if correctly handled. Gopal tells Ravi to be patient and to work hard again to get admission. He was being taught humility and patience. Ravi passes his spiritual test and next year, he was able to get admission into the medical school of his choice.

Ravi’s life plan was moving in the direction he wanted. He was a patient, dedicated, well established doctor in his mid thirties helping and serving his community. But slowly the same habit began to creep in. He became greedy and his behaviour towards his patients varied according to their bank balance. Then suddenly one day, by way of a freak accident, he was hit by a car and became bed ridden for 2 months and was told that he would not be able to practice as a doctor for another 6 months.





Was this a part of his life chart?

This was a **wake up call**. Since he was going back to his old habits of being materialistic, selfish, and was misusing his gift to gain earthly wealth, his subconscious mind had asked for a wake-up call.

NOW - what would **you** do if you were Ravi?

Be negative? - He could become bitter, angry, cry about injustice and continue on his materialistic path.

Or

Be positive? - See the higher picture. He could see it as a **'wakeup' call** and learn from it. Learn compassion by knowing what it felt like to be a patient. Understand that he was sliding into his old ways of pursuing fame and money above all else and following the exact same pattern as his last life – one he so regretted when he had gone back to the Spirit World, the pattern he had taken rebirth to break.....the very same pattern that he swore never to follow again.

Exercise

Take a moment and think of your own life chart. Ask yourself:

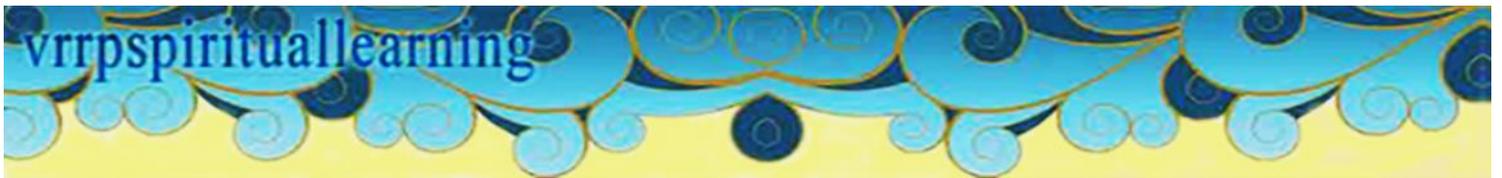
- Why do you think you took rebirth? What do you think were your conversations with the 3 wise souls?
- What are some of the key lessons you came to learn this lifetime? Repeated patterns are an indication of unlearned lessons. What situations, relationships, or experiences did you ask for to learn these lessons (think of some of the tougher times you faced or currently face) i.e. your test and training? Think of times you were in pain and ask yourself what they could be teaching you.
- What help did you receive along the way? Did you take the help?
- Would you be happy if you left Earth today - when you see your life's review?

We take rebirth after a lot of planning and consideration but it is up to each of us to decide how we would like to lead our lives. Do you want to look at your tough times as an opportunity or another reason to blame God? **Be honest with yourself**. Are you willing to help yourself or do you enjoy playing the 'victim'? If so, you are stopping your own progress and you will have to take rebirth again to learn the same lessons you are meant to learn in this lifetime. In the above story, Ravi passed his first test of his mother's death with the help of Gopal. Would he see the higher picture now and pass this test? Would he have faith and pick himself up?

Remember **YOU CHOSE THE BLUEPRINT OF YOUR LIFE in the Spirit World**.

You have free will. So you have to choose to be aware of the purpose for rebirth and take a grip on your own life now and stop playing the blame game. In the end – it is the choices you make and how you lead your life that will shape your soul's journey and spiritual progress. Choose from now on to **lead your life such that you will be happy when you go back to your real home, the Spirit World**.





God Bless us all - always and forever.

“There is no religion in the Spirit World. We worship one God only.”

DO NOT ATTEMPT AUTOMATIC WRITING ON YOUR OWN

It is dangerous to do automatic writing on your own without a protective link and without following proper instructions.

Automatic writing can only be done with a proper protective link between one particular soul in the Spirit World with whom you wish to communicate. Only an experienced and linked person can join your link, which will ensure that no negative interference e.g. astral souls and unknown forces can harm you.

We also have to inform you that there are certain individuals who, with very basic information, are using this spiritual knowledge to misguide people through Automatic Writing. They have started practicing it on their own, without permission and without a protective link, and are giving the wrong advice to a great number of vulnerable people.

Unless Automatic Writing is practiced with proper guidance and instruction, its effects can be extremely negative and dangerous. For instance, people might receive a wrong message that harms the person for whom it is intended, rather than helping them. Even if it is an emergency, we urge you to be aware of whom you turn to and it would be by far better, to call upon your sub-conscious mind and pray to God Almighty for guidance, rather than be misled into wanting inaccurate messages.

In case you have a genuine spiritual problem or need spiritual guidance, e-mail us at vrrp@vrrpspirituallearning.com. However, due to the volume of mail received, our response may be delayed. Also, we are unable to answer questions about material wealth, future predictions, etc.

All rights reserved. No part of this Newsletter may be reproduced or transmitted in any form or by any means - electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system - without the written permission of the authors.

E-mail: vrrp@vrrpspirituallearning.com

